

SCHOOL INTEGRITY PROGRAMS



developed by Mitch DeArmon, LeadershipWorks

Call 707-876-3100 or visit www.leadershipworks.org

FOR ADOLESCENT BOYS FROM LEADERSHIPWORKS

What follows are descriptions of both on-site and off-site mentoring programs options as well as parent and teacher support programs.

ON-SITE PROGRAMS

MEN OF HONOR MENTORING Sustained mentoring teaches young men accountability, leadership, integrity, responsibility, and goal-setting. Team mentoring has been found to be the most successful model for teenagers. LeadershipWorks uses adult male mentors such as Mitch DeArmon as role-models who motivate and inspire the young men. Besides the improvement in participating young men's lives, the program also provides an opportunity for these mentored young men to develop a new legacy and a model of behavior for all students in the school through a community service project. Can be used for at-risk youth or all youth.

- Time period: The Men of Honor program follows a 10-week curriculum. Mentoring meetings are scheduled once a week for 1 1/2 hours. The program can be scheduled during the school day or after school.
- Where: On campus: gymnasium or large classroom offering room and privacy.
- Number of youth: 7 to 35 youth per mentoring session with two mentors.

THE BUFFALO RUN OBSTACLE COURSE This program occurs in a one-day intensive session designed to challenge young men to think and act differently. Its purpose is to teach young what it is to be

a man as well the honor and integrity that come with the title. Exercises such as the Leadership Ladder, the Trust Fall, and Rope Climb demonstrate how to make good choices, how to work as a team, and what being a leader means. Exercises and discussion afterward are facilitated by Mitch DeArmon. Often schools enlist male teachers, counselors, administrators, and older students to participate as mentors in the day to increase the program's long-term impact. LeadershipWorks trains the volunteer mentors in a separate hour-long session.

- Time period: A single day in a three-hour block.
- Where: Outdoors or in the gymnasium on campus.
- Number of youth: 21 to 98 youth per three-hour block, often done by grade (7 youth to 1 mentor ratio)

REALITY CHECK FRIDAYS (pick your day)
During Reality Check days, Mitch works with designated young men in one-on-one Reality Check meetings with the kids who are having the most problems. Young men are pulled out of class for the one-on-one Reality Check session in which Mitch works with them on what's going on and their part in it and how they might shift things for themselves.

OTHER ON-SITE OPTIONS:

POWER TALKS: A three-week series of hour-long

talk and discussions for young men on what it is to be a man of integrity and honor with facilitator Mitch DeArmon. Great as a starting point.

LEADERSHIP TRAINING: This six-week course is designed specifically for young men willing to take some initiative. It provides leadership training and tests their skills with a variety of challenges. (Often follows one of the other programs. Graduates may assist as mentors in the Buffalo Run Obstacle Course.)

WITHIN EXISTING SCHOOL PROGRAMS: Staff is available to facilitate discussions, or give talks at assemblies on honor and integrity or other topics of relevance to teens.

OFF-SITE PROGRAMS

LeadershipWorks conducts these programs in your local community. Participation of district students is invited.

MEN OF HONOR MENTORING: See program description above.

INITIATION: This coming of age event is a full immersion program (4 days, 3 nights) teaching integrity, honor, responsibility and respect. Limited to 35 youth with 20 trained mentors assisting, youth undergo obstacle courses, team and leadership building, straight talk, grief and rage work, and ceremony honoring their assent to manhood. This innovative mentoring weekend takes place 4 to 6 times a year in Sonoma County for youth throughout the state and provides transformational results.

OFFERINGS FOR TEACHERS & PARENTS

CRISIS MANAGEMENT: Mitch DeArmon is available to schools for emergency consultations and crisis management regarding male students. Additionally, principals have set up plans for suspended youth to make amends that include participation in our community mentoring programs and undergoing consultations with Mitch.

HOW TO WORK WITH TEEN BOYS FOR OPTIMUM RESULTS: This dynamic full day training draws on Mitch DeArmon's extensive experience working with young men to describe the main motivators for teen boys. DeArmon introduces approaches to discipline that motivate the young man to improve his skill level as well as act better within the school setting. Working together with this new approach, the school staff has the power to significantly alter the outcomes for their students. DeArmon is a consultant to the Office of Juvenile Justice and Delinquency Prevention (OJJDP), training hundreds of people annually in his methodology for working with adolescent boys. (Note: This training can be funded through the OJJDP through the submission of a short application. Please contact Vicki DeArmon for details.)

RAISING A SON WORKSHOP: A four-hour workshop given by Mitch DeArmon designed to provide parents with survival skills to make it through the harrowing teen years. Parents learn why their teen does what he does, and what they can and cannot do about it, and how to communicate really. DeArmon delivers practical approaches to discipline, motivation, smoother family dynamics, as well as working with troubled kids. One of the most powerful approaches to parenting is not to do it in isolation. This workshop brings the parent community together in a common purpose: to raise their sons well. At LeadershipWorks, we have seen parents who were locked in blame, guilt, and despair have their loads lightened dramatically through the exchange of information with other parents, and the information they gain through the workshop.

Funding

Fees for these programs have been kept reasonably low to make them affordable to all districts. Please see the fee schedule. Funding for all of these programs has come from a variety of sources including the school or district, school site councils, motivated parents, and the business community. We are willing to work with you on funding solutions and/or to provide materials for distribution.

